

**DIPLOMA IN GENERAL NURSING AND MIDWIFERY - SECOND YEAR
EXAMINATION, SEPTEMBER 2018**

NEW SYLLABUS

PAPER – III MENTAL HEALTH NURSING

Time: Three hours

Maximum marks: 75

- Note: 1. Answer all the questions.
2. Draw the Diagrams wherever necessary

I. Define the following

5 x 1 = 5

- (a) Mental Health
- (b) Anhedonia
- (c) Insight
- (d) Anorexia nervosa
- (e) Echopraxia

II. Fill in the blanks

5 x 1 = 5

- (a) National mental Health programme was launched in the year _____
- (b) Coining of new words refers to _____
- (c) Fear of being alone in open space and in crowds is _____
- (d) Therapeutic Serum Lithium level is _____
- (e) Motiveless resistance to all attempts to be moved or to all instructions is _____

III. Match the following

5 x 1 = 5

S. No.	A	B
1	Asylum	Excitement
2	Extra Pyramidal Symptom	Mental Hospital
3	Waxy flexibility	Tardive dyskinesia
4	Euphoria	Irresistible Thought
5	Obsession	Catatonic schizophrenia

IV. Choose the correct answer

5 x 1 = 5

1. False perception of taste is
- a) Gustatory hallucination
 - b) Tactile hallucination
 - c) Somatic hallucination
 - d) Olfactory hallucination

2. Contraindication for ECT is
 - a) Anxiety Disorder
 - b) Phobic disorder
 - c) Schizophrenia
 - d) Brain Tumor

3. Pathological repetition involving imitation of speech is
 - a) Ecopraxia
 - b) Encopresis
 - c) Echolalia
 - d) Enuresis

4. Drugs used in the treatment of anxiety disorder is
 - a) Mood stabilizers
 - b) Antipsychotics
 - c) Antidepressants
 - d) Anxiolytics

5. Profound mental retardation is
 - a) IQ 50-69
 - b) IQ 20-34
 - c) IQ 35-49
 - d) IQ below 20

V. Write short notes on ANY FIVE of the following

5 x 5 = 25

1. Characteristics of mentally healthy person.
2. Write about Electro Convulsive Therapy
3. Explain about Delirium and its management.
4. Role of a nurse in admission procedure
5. National Mental Health programme
6. Principles of psychiatric nursing

VI. Answer ANY THREE of the following

3 x 10 = 30

1. Define mania. Explain about the causes, stages, clinical manifestation and management of mania using nursing process.
2. Define behavior therapy. Write in detail about the techniques used in behavior therapy.
3. Define psychiatric emergency. List out the psychiatric emergencies and write in detail about suicidal threat.
4. Define personality disorder. Explain the etiology, types and management of personality disorder.